Ouachita Baptist University

Scholarly Commons @ Ouachita

Press Releases

Office of Communication

12-22-2021

From the "Ouachitonian": Kirsten Swanson

MacKenzie Hall
Ouachita Baptist University

Ouachita News Bureau
Ouachita Baptist University

Follow this and additional works at: https://scholarlycommons.obu.edu/press_releases

Part of the Higher Education Commons, Organizational Communication Commons, and the Public Relations and Advertising Commons

Recommended Citation

Hall, MacKenzie and Ouachita News Bureau, "From the "Ouachitonian": Kirsten Swanson" (2021). *Press Releases*. 1172.

https://scholarlycommons.obu.edu/press_releases/1172

This Article is brought to you for free and open access by the Office of Communication at Scholarly Commons @ Ouachita. It has been accepted for inclusion in Press Releases by an authorized administrator of Scholarly Commons @ Ouachita. For more information, please contact mortensona@obu.edu.



From the "Ouachitonian": Kirsten Swanson



By MacKenzie Hall

December 22, 2021

For more information, contact OBU's news bureau at newsbureau@obu.edu or (870) 245-5208.

ARKADELPHIA, Ark. - Previously published in the 2021 Ouachitonian yearbook

As high school graduation grew near for Kirsten Swanson, a dietetics and nutrition major from Canyon Lake, Texas, she struggled to make a college decision. After realizing she was unsure of what she wanted to do career-wise, Swanson decided to take the year off and started her journey for what would become a seven-year gap period.

During her first year, Swanson decided to work and volunteer as the assistant coach for her high school's track team. As her year volunteering as a track coach came to an end, Swanson had the opportunity to enroll at Texas School for the Deaf in Austin, Texas. At School for the Deaf, Swanson learned and interpreted sign language, a language she had studied in high school. Initially, she hoped to transfer the credits from her classes over to San Antonio College where she was to major in sign language. Due to unforeseen circumstances that year, Swanson decided to stay with her family and started working at Chick-fil-A for her third year.

While at Chick-fil-A, Swanson held a leadership position within the franchise getting to open a restaurant in Ohio. As her third season was ending, Swanson began asking the Lord for revelations about her future.

"My best friend at Chick-fil-A challenged me to figure out what I wanted to do. I felt I was stuck in this rut of not knowing what I wanted to do. I did not know if I should keep working or interpreting. He really challenged me to seek the Lord and ask for revelations of what he wanted me to do," Swanson said.

The Lord delivered, and in 2018, Swanson started volunteering at Timberline Lodge, a discipleship and Bible school in Fraser, Colo. At Timberline, Swanson volunteered as an RA and program assistant for the school. Having a heart for mentorship, she fell in love with her job and continued to volunteer with Timberline for two years.

In late 2019, Swanson felt the Lord prompting her to go back to school to major in dietetics and nutrition. While attending church in Colorado, Swanson learned about Ouachita from her pastor. After looking at several schools, she felt at peace and applied for admission. When reminiscing on her seven-year gap, Swanson was thankful for the seasons the Lord walked her through and the opportunities He provided.

When reflecting on the seven seasons, Swanson said, "I've gotten to have a lot of neat experiences. Looking back, I'm very grateful for what I learned through taking a gap period."

Through it all, Swanson experienced the Lord's faithfulness and His perfect timing. Getting to experience different cultures and places and spend time with her family was an opportunity she is forever grateful for.

Photo by Hannah Smith