

Ouachita Baptist University

Scholarly Commons @ Ouachita

Press Releases

Office of Communication

4-15-2014

Dr. Detri Brech receives Outstanding Nutrition Educator Award

Jessica Stewart

Ouachita Baptist University

Ouachita News Bureau

Ouachita Baptist University

Follow this and additional works at: https://scholarlycommons.obu.edu/press_releases



Part of the [Higher Education Commons](#), [Organizational Communication Commons](#), and the [Public Relations and Advertising Commons](#)

Recommended Citation

Stewart, Jessica and Ouachita News Bureau, "Dr. Detri Brech receives Outstanding Nutrition Educator Award" (2014). *Press Releases*. 1020.

https://scholarlycommons.obu.edu/press_releases/1020

This News Article is brought to you for free and open access by the Office of Communication at Scholarly Commons @ Ouachita. It has been accepted for inclusion in Press Releases by an authorized administrator of Scholarly Commons @ Ouachita. For more information, please contact mortensona@obu.edu.

Dr. Detri Brech receives Outstanding Nutrition Educator Award



By Jessica Stewart

April 15, 2014

For more information, contact OBU's news bureau at newsbureau@obu.edu or (870) 245-5208.

ARKADELPHIA, Ark. -- Ouachita Baptist University professor of dietetics Dr. Detri Brech was awarded the Outstanding Nutrition Educator Award during the recent Arkansas Academy of Nutrition and Dietetics annual meeting at Arkansas Children's Hospital in Little Rock.

"It is a delight to present information in class to students who love the field of nutrition as much as I do," Brech said. "I feel blessed to teach students at Ouachita."

"It came no surprise to me that Dr. Brech was named the Outstanding Nutrition Educator," said Dr. Tim Knight, dean of Ouachita's J.D. Patterson School of Natural Sciences. "She is a great teacher, wonderful advisor and excellent researcher."

Emily Hastings, a senior dietetics and nutrition major from Leawood, Kan., nominated Brech for the award. Hannah Nolan, a senior dietetics and nutrition major from North Little Rock, Ark., and Sarah Pollock, a senior dietetics and nutrition major from North Richland Hills, Texas, wrote letters of support for the nomination.

“Dr. Brech is such a dedicated professor and dietitian,” Hastings explained. “She's incredibly passionate about her field, and she gives her all to teaching students.”

Brech began her dietetics training as a student at Ouachita. A 1984 Ouachita graduate, she completed her master's degree at Louisiana Tech in 1985 and earned her PhD at Oklahoma State in 1992. Brech has taught at the college level for nearly 28 years, including teaching at Louisiana Tech, the University of Central Arkansas and Missouri State University. She joined the Ouachita faculty in 2000.

For more information, contact Dr. Detri Brech at brechd@obu.edu or (870) 245-5543.